



SASA National PS LSEN Track & Field Championships 2019/03/15



Result per Age

G-13 Girls-13

84		G-13		Girls-13 : 100 m		SA Schools Qual: 00:13.44		ASA Qual: 00:00.00		Heats	
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
NWP003	1346	B	Motlokwa Keotshepa	North West LSEN	10	00:14.47	653		E		
GAU001	1314	B	Tumisho Malapile	Gauteng LSEN	10	00:14.71	631		E		
FSP001	1310	C	Ebony Hendriks	Free State LSEN	10	00:14.43	657		E		
ECP004	1303	C	Pamela Jantjies	Eastern Cape LSEN	10	00:15.37	575		E		
MPU001	1334	W	Caitlyn Garnett	Mpumalanga LSEN	10	00:14.68	634		E		

102		G-13		Girls-13 : 100 m		SA Schools Qual: 00:13.44		ASA Qual: 00:00.00		Final	
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
FSP001	1310	C	Ebony Hendriks	Free State LSEN	1	00:14.31	668	1.3	E		
NWP003	1346	B	Motlokwa Keotshepa	North West LSEN	2	00:14.43	657		E		
GAU001	1314	B	Tumisho Malapile	Gauteng LSEN	3	00:14.48	652		E		
MPU001	1334	W	Caitlyn Garnett	Mpumalanga LSEN	4	00:15.30	581		E		
ECP004	1303	C	Pamela Jantjies	Eastern Cape LSEN	5	00:18.01	399		E		

14		G-13		Girls-13 : 200 m		SA Schools Qual: 00:27.84		ASA Qual: 00:00.00		Heats	
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU002	1315	B	Rebecca Tjotjo	Gauteng LSEN	10	00:31.84	634		E		
LIM007	1333	B	Dimakatso Tsebe	Limpopo LSEN	10	00:31.50	647		E		
GAU001	1314	B	Tumisho Malapile	Gauteng LSEN	10	00:30.35	693		E	R	
ECP008	1306	B	Lisakhanya Nondala	Eastern Cape LSEN	10	00:30.50	687		E	R	
NWP002	1345	C	Goodheart Mitchlee M	North West LSEN	10	00:31.66	641		E		
MPU001	1334	W	Caitlyn Garnett	Mpumalanga LSEN	10	00:31.35	653		E		
MPU002	1335	W	Johanna Maritz	Mpumalanga LSEN	10	00:32.15	622		E		

60		G-13		Girls-13 : 200 m		SA Schools Qual: 00:27.84		ASA Qual: 00:00.00		Final	
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
LIM007	1333	B	Dimakatso Tsebe	Limpopo LSEN	1	00:30.63	682	1.0	E	R	
GAU001	1314	B	Tumisho Malapile	Gauteng LSEN	2	00:31.58	644		E		
MPU001	1334	W	Caitlyn Garnett	Mpumalanga LSEN	3	00:31.83	634		E		
GAU002	1315	B	Rebecca Tjotjo	Gauteng LSEN	4	00:32.16	622		E		
NWP002	1345	C	Goodheart Mitchlee M	North West LSEN	5	00:32.44	612		E		
ECP008	1306	B	Lisakhanya Nondala	Eastern Cape LSEN	6	00:33.04	591		E		
MPU002	1335	W	Johanna Maritz	Mpumalanga LSEN	7	00:33.22	584		E		

7		G-13		Girls-13 : 1500 m		SA Schools Qual: 05:15.00		ASA Qual: 00:00.00		Final	
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU003	1316	B	Mputhi Mantoa	Gauteng LSEN	1	05:59.88	261		E		
GAU002	1315	B	Rebecca Tjotjo	Gauteng LSEN	2	06:07.63	245		E		
MPU002	1335	W	Johanna Maritz	Mpumalanga LSEN	3	06:31.05	199		E		
ECP010	1308	B	Emihle Mgcebele	Eastern Cape LSEN	4	06:56.84	152		E		
MPU003	1336	B	Busisiwe Gule	Mpumalanga LSEN	5	07:20.78	114		E		
ECP009	1307	B	Kungawo Mntuphi	Eastern Cape LSEN	6	07:34.38	93		E		



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Result per Age

G-13 Girls-13

50		G-13		Girls-13 : High Jump			SA Schools Qual: 1.48	ASA Qual: 00:00.00	Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSP001	1310	C	Ebony Hendriks	Free State LSEN		1	1.25	375	E	R	
GAU004	1317	B	Tshegofatso Selemantsela	Gauteng LSEN		2	1.25	375	E	R	
MPU004	1337	B	Siphelele Ndlovu	Mpumalanga LSEN		3	1.20	307	E	E	
NWP002	1345	C	Goodheart Mitchlee M	North West LSEN		4	1.15	238	E		
MPU002	1335	W	Johanna Maritz	Mpumalanga LSEN		4	1.15	238	E		

110		G-13		Girls-13 : Long Jump			SA Schools Qual: 4.60	ASA Qual: 00:00.00	Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSP001	1310	C	Ebony Hendriks	Free State LSEN		1	3.92	320	E	R	
MPU004	1337	B	Siphelele Ndlovu	Mpumalanga LSEN		2	3.79	265	E		
GAU001	1314	B	Tumisho Malapile	Gauteng LSEN		3	3.77	257	E		
GAU004	1317	B	Tshegofatso Selemantsela	Gauteng LSEN		4	3.63	196	E		
MPU005	1338	W	Charmone Coetzee	Mpumalanga LSEN		5	3.47	126	E		
GAU006	1319	W	Stephani Loots	Gauteng LSEN		6	3.44	113	E		
NWP003	1346	B	Motlokwa Keotshepa	North West LSEN		7	3.42	104	E		
MPU001	1334	W	Caitlyn Garnett	Mpumalanga LSEN		8	3.37	82	E		
GAU005	1318	W	Cleo Hank	Gauteng LSEN		9	3.26	32	E		
ECP007	1305	B	Olwethu Ponono	Eastern Cape LSEN		10	3.07	0	E		

27		G-13		Girls-13 : Shot Put			SA Schools Qual: 10.20	ASA Qual: 00:00.00	Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
MPU004	1337	B	Siphelele Ndlovu	Mpumalanga LSEN		1	6.64	671	E	N	
ECP006	1304	B	Zukhanye Nogaga	Eastern Cape LSEN		2	4.02	464	E	N	



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Result per Age

S-13 Boys-13

86	S-13	Boys-13 : 100 m		SA Schools Qual: 00:12.64			ASA Qual: 00:00.00		Heats	
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
GAU007	1320	W Wally Cloete	Gauteng LSEN	1	00:13.29	560	-0.6	E		
NWP005	1348	B Tshipe Tshepang	North West LSEN	2	00:13.55	530		E		
GAU009	1322	B Thulani Dlamini	Gauteng LSEN	3	00:13.56	529		E		
FSP003	1312	B Kwekwana Velaphe	Free State LSEN	4	00:13.89	493		E		
LIM004	1330	B Calvin Mohlala	Limpopo LSEN	5	00:14.31	451		E		
ECP001	1300	B Sivenathi Ngogo	Eastern Cape LSEN	6	00:18.42	147		E		

2										
GAU008	1321	B Regaugetske Rasodi	Gauteng LSEN	1	00:13.08	585	-0.5	E		
LIM002	1328	B Peter Mathe	Limpopo LSEN	2	00:13.43	543		E		
MPU009	1342	B Nkosenhle Sibanyoni	Mpumalanga LSEN	3	00:14.02	480		E		
LIM003	1329	W Christian Stehnken	Limpopo LSEN	4	00:14.05	477		E		
MPU010	1343	B Gift Skosana	Mpumalanga LSEN	5	00:14.26	456		E		

104	S-13	Boys-13 : 100 m		SA Schools Qual: 00:12.64			ASA Qual: 00:00.00		Final	
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU008	1321	B Regaugetske Rasodi	Gauteng LSEN	1	00:12.98	597	0.8	E		
GAU009	1322	B Thulani Dlamini	Gauteng LSEN	2	00:13.23	567		E		
GAU007	1320	W Wally Cloete	Gauteng LSEN	3	00:13.28	561		E		
MPU009	1342	B Nkosenhle Sibanyoni	Mpumalanga LSEN	4	00:13.86	496		E		
MPU010	1343	B Gift Skosana	Mpumalanga LSEN	5	00:13.94	488		E		
FSP003	1312	B Kwekwana Velaphe	Free State LSEN	6	00:14.03	479		E		
LIM003	1329	W Christian Stehnken	Limpopo LSEN	7	00:14.34	448		E		

16	S-13	Boys-13 : 200 m		SA Schools Qual: 00:25.24			ASA Qual: 00:00.00		Heats	
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU009	1342	B Nkosenhle Sibanyoni	Mpumalanga LSEN	10	00:29.50	521		E		
GAU009	1322	B Thulani Dlamini	Gauteng LSEN	10	00:28.00	593		E		
MPU010	1343	B Gift Skosana	Mpumalanga LSEN	10	00:28.80	553		E		
FSP003	1312	B Kwekwana Velaphe	Free State LSEN	10	00:27.78	604		E		
ECP003	1302	B Hlumelo Harmans	Eastern Cape LSEN	10	00:31.50	437		E		
GAU007	1320	W Wally Cloete	Gauteng LSEN	10	00:26.51	676		E	R	

62	S-13	Boys-13 : 200 m		SA Schools Qual: 00:25.24			ASA Qual: 00:00.00		Final	
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU007	1320	W Wally Cloete	Gauteng LSEN	1	00:26.73	663	1.2	E		
GAU009	1322	B Thulani Dlamini	Gauteng LSEN	2	00:27.05	644		E		
MPU009	1342	B Nkosenhle Sibanyoni	Mpumalanga LSEN	3	00:28.13	586		E		
MPU010	1343	B Gift Skosana	Mpumalanga LSEN	4	00:28.37	574		E		
FSP003	1312	B Kwekwana Velaphe	Free State LSEN	5	00:29.83	506		E		
ECP003	1302	B Hlumelo Harmans	Eastern Cape LSEN	6	00:37.72	237		E		

65	S-13	Boys-13 : 1500 m		SA Schools Qual: 04:44.00			ASA Qual: 00:00.00		Final	
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU010	1323	C Allistor Williams	Gauteng LSEN	1	05:26.77	589		E		
GAU011	1324	B Reitumetse Gonyane	Gauteng LSEN	2	05:34.27	560		E		
MPU007	1340	B Siphesihle Mashiane	Mpumalanga LSEN	3	05:38.22	546		E		
MPU008	1341	B Prince Shabangu	Mpumalanga LSEN	4	05:59.45	475		E		



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Result per Age

S-13 Boys-13

112		S-13		Boys-13 : High Jump				SA Schools Qual: 1.54		ASA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
LIM001	1327	B	Jeffrey Mochecu	Limpopo LSEN		1	1.31	365		E			
NWP004	1347	W	Palmer Leonardo	North West LSEN		2	1.20	222		E			

51		S-13		Boys-13 : Long Jump				SA Schools Qual: 5.20		ASA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
GAU007	1320	W	Wally Cloete	Gauteng LSEN		1	4.45	363		E			
FSP003	1312	B	Kwekwana Velaphe	Free State LSEN		2	4.43	356		E			
GAU013	1326	C	Levandre Kruger	Gauteng LSEN		3	4.40	345		E			
FSP004	1313	B	Mpho Rankotsona	Free State LSEN		4	4.28	299		E			
GAU008	1321	B	Regaugetske Rasodi	Gauteng LSEN		5	4.23	280		E			
MPU006	1339	W	Justen Kapp	Mpumalanga LSEN		6	4.22	276		E			
LIM002	1328	B	Peter Mathe	Limpopo LSEN		7	4.21	272		E			
LIM006	1332	B	Melpheus Monyeki	Limpopo LSEN		8	3.92	159		E			

93		S-13		Boys-13 : Shot Put				SA Schools Qual: 11.50		ASA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
GAU008	1321	B	Regaugetske Rasodi	Gauteng LSEN		1	8.95	478		E	R		
GAU012	1325	B	Thato Thelejane	Gauteng LSEN		2	8.69	452		E	R		
LIM005	1331	W	Corne Carstens	Limpopo LSEN		3	8.50	433		E	R		
NWP001	1344	W	Du Plessis Christiaan	North West LSEN		4	7.45	320		E			
FSP002	1311	B	Tlotlisang Kgabale	Free State LSEN		5	7.42	316		E			
NWP006	1349	W	Van Rooyen Leon	North West LSEN		6	6.87	252		E			
ECP002	1301	B	Liliso Willie	Eastern Cape LSEN		7	5.18	30		E			