

National Secondary Schools and LSEN National Championships 21/03/2013

Best Performances - Top 50

Athlete		Team	Age	Item	Achievement	Table point	
1	GAL123 1564	Bongani Mtungwa	Gauteng LSEN	Boys-19	5000 m	15:47.21	860
2	NCL003 1703	Nathan Edward	Northern Cape LSEN	Boys-19	5000 m	16:03.05	839
3	WCL100 1876	Mareika Wolhuter	Western Cape LSEN	Girls-19	400 m	00:59.75	814
4	LIL055 1638	Johannes Bobete	Limpopo LSEN	Boys-19	5000 m	16:24.04	812
5	NCL012 1712	Lethogonolo Moreki	Northern Cape LSEN	Boys-17	3000 m	09:21.28	809
6	LIL019 1603	Nyeleti Mathebula	Limpopo LSEN	Girls-17	400 m	00:61.00	809
7	WCL030 1806	Donovan Jantjies	Western Cape LSEN	Boys-17	3000 m	09:21.52	808
8	WCL039 1815	Chesville Pretorius	Western Cape LSEN	Boys-17	400 m	00:51.49	806
9	WCL034 1810	Lorenzo Lewis	Western Cape LSEN	Boys-17	100 m	00:11.39	805
10	GAL043 1484	Biankoni Du Plooy	Gauteng LSEN	Girls-15	Shot Put	10.09	805
11	GAL046 1487	Anna Khithile	Gauteng LSEN	Girls-15	100 m	00:13.14	801
12	WCL050 1826	Henzlo Makrige	Western Cape LSEN	Boys-19	100 m	00:11.29	800
13	GAL095 1536	Zanele Mabaso	Gauteng LSEN	Boys-17	3000 m	09:25.30	800
14	ECL016 1405	Senzo Tyobeka	Eastern Cape LSEN	Boys-17	400 m	00:51.70	799
15	WCL047 1823	Granwin Katzen	Western Cape LSEN	Boys-19	1500 m	04:09.04	798
16	FSL028 1436	David Jaho	Free State LSEN	Boys-17	100 m	00:11.43	798
17	GAL094 1535	Koka Keletso	Gauteng LSEN	Boys-17	3000 m	09:25.94	798
18	MPL028 1673	Joseph Mayekiso	Mpumalanga LSEN	Boys-19	5000 m	16:35.61	798
19	GAL131 1572	Brandon Xavier	Gauteng LSEN	Boys-19	100 m	00:11.31	797
20	GAL051 1492	Charlotte Sekatane	Gauteng LSEN	Girls-15	100 m	00:13.20	793
21	GAL021 1462	Alicia Ellerbeck	Gauteng LSEN	Girls-14	100 m	00:13.45	791
22	WCL050 1826	Henzlo Makrige	Western Cape LSEN	Boys-19	100 m	00:11.34	791
23	GAL058 1499	Mpho Mduli	Gauteng LSEN	Boys-16	400 m	00:52.38	791
24	GAL145 1585	Gauteng Lsen	Gauteng LSEN	Boys-19	4X100 m Relay	00:45.90	791
25	WCL039 1815	Chesville Pretorius	Western Cape LSEN	Boys-17	100 m	00:11.47	790
26	WCL039 1815	Chesville Pretorius	Western Cape LSEN	Boys-17	100 m	00:11.48	788
27	GAL123 1564	Bongani Mtungwa	Gauteng LSEN	Boys-19	1500 m	04:10.71	787
28	WCL054 1830	John-Lee Ventura	Western Cape LSEN	Boys-19	400 m	00:51.47	786
29	GAL086 1527	Shane Beukes	Gauteng LSEN	Boys-17	100 m	00:11.50	785
30	WCL033 1809	Nathan Lane	Western Cape LSEN	Boys-17	100 m	00:11.50	785
31	GAL144 1584	Gauteng Lsen	Gauteng LSEN	Boys-17	4X100 m Relay	00:46.80	783
32	GAL047 1488	Busisiwe Mbatha	Gauteng LSEN	Girls-15	Shot Put	9.63	783
33	FSL026 1434	Bokang Moloi	Free State LSEN	Boys-16	400 m	00:52.66	782
34	WCL023 1799	Frans Pieterse	Western Cape LSEN	Boys-16	400 m	00:52.65	782
35	FSL028 1436	David Jaho	Free State LSEN	Boys-17	100 m	00:11.52	781
36	ECL004 1393	Ntombesipho Biyana	Eastern Cape LSEN	Girls-14	100 m	00:13.52	781
37	WCL052 1828	Heinrich Persents	Western Cape LSEN	Boys-19	400 m	00:51.63	781
38	FSL032 1440	Vukile Chesi	Free State LSEN	Boys-19	1500 m	04:11.91	779
39	NCL012 1712	Lethogonolo Moreki	Northern Cape LSEN	Boys-17	1500 m	04:18.11	779
40	GAL046 1487	Anna Khithile	Gauteng LSEN	Girls-15	200 m	00:27.50	779
41	GAL111 1552	Angelique Roodt	Gauteng LSEN	Girls-17	Shot Put	10.34	779
42	ECL012 1401	Ettienne Meyer	Eastern Cape LSEN	Boys-16	100 m	00:11.64	778
43	WCL044 1820	Owen Elias	Western Cape LSEN	Boys-19	400 m	00:51.76	777
44	WCL051 1827	Dimitri Oktober	Western Cape LSEN	Boys-19	5000 m	16:54.52	776
45	GAL131 1572	Brandon Xavier	Gauteng LSEN	Boys-19	100 m	00:11.44	772
46	ECLA01 1410	Eastern Cape	Eastern Cape LSEN	Boys-17	4X100 m Relay	00:47.10	772
47	GAL015 1456	Nettu Ngwenya	Gauteng LSEN	Boys-14	100 m	00:12.00	771
48	GAL010 1451	Mfundu Dubuzani	Gauteng LSEN	Boys-14	100 m	00:12.00	771
49	WCL018 1794	Franklin Campher	Western Cape LSEN	Boys-16	3000 m	09:46.82	771
50	MPL043 1687	Valencia Themba	Mpumalanga LSEN	Girls-15	100 m	00:13.38	769