

# LIMPOPO SCHOOLS ATHLETICS (LIMSA)

## PROPOSED PLAN FOR DEVELOPMENT

LEVEL	PERIOD	ACTIVITY	TARGET GROUP	STAKEHOLDERS
INTRA-CIRCUITS	MAY TO JULY 2012	MASS PARTICIPATION	ATHLETES WHO ARE IDENTIFIED AS POTENTIAL TALENT BY THEIR SCHOOLS	LIMSA(TECHNICAL)  LAS(PROVISION OF EXPERTISE  DoE (PROVISION OF FUNDING & LOGISTICAL SUPPORT)  DSAC (PROVISION OF EQUIPMENT, LOGISTICAL SUPPORT)  LIMA (TECHNICAL SUPPORT)
INTER-CIRCUITS	AUGUST 2012	CLUSTER OF NEIGHBOURING CIRCUITS CHAMPIONSHIPS	SELECTED ATHLETES WHO REPRESENTED A PARTICULAR CIRCUIT DURING THE T & F SEASON AND SHOWED POTENTIAL	
INTER-CLUSTERS	AUGUST 2012	GROUP OF CLUSTERS WITHING CLOSE PROXIMITY PARTICIPATE TO SELECT A TEAM FOR THE DISTRICT CHAMPIONSHIPS	SELECTED ATHLETES THAT REPRESENTED A PARTICULAR CLUSTER AND ARE TARGETED FOR DEVELOPMENT	
DISTRICT	SEPTEMBER 2012	SELECTED ATHLETES FROM A GROUP OF CLUSTERS ARE ENGAGED IN TRAINING, LIFE SKILLS AND CHAMPIONSHIP SECTION	THE SELECTED ATHLETES WHO PERFORM TO NEAR QUALIFYING STANDARDS AS SET OUT BY SASA	
PROVINCIAL	SEPTEMBER 2012	ALL DISTRICT ATHLETES WHO SHOW HIGH IMPROVEMENT IN THE QUALIFYING STANDARDS ARE PUT THROUGH LIFE SKILLS, FITNESS AND CONDITIONING AND MEDICAL SCREENING	ATHLETES WHO SATISFY THE QUALIFYING STANDARDS AND REPRESENT THE PROVINCE AT NATIONAL CHAMPIONSHIPS	
PROVINCIAL	DECEMBER 2012	A PROVINCIAL SQUAD THAT IS FORMED TO PARTICIPATE AT THE PROVINCIAL CHAMPIONSHIPS TO HELP ENHANCE THE SELECTION OF ATHLETES TO THE NATIONAL CHAMPIONSHIPS IS TAKEN THROUGH RIGOROUS STRENGTH AND CONDITIONING, MEDICAL SCREENING AND LIFE SKILLS AND COACHING	THE MEDALISTS AND FINALISTS AT THE PREVIOUS NATIONAL CHAMPIONSHIPS.	

INTR- CIRCUIT	JANUARY 2013	INTER-SCHOOLS PARTICIPATION	ALL SELECTED ATHLETES AT VARIOUS SCHOOLS	EDUCATORS SGB's COACHES
CIRCUITS	FEBRUARY 2013	SELECTION OF CIRCUIT TEAMS	ALL QUALIFYING ATHLETES	CIRCUIT COMMITTEES
CLUSTERS	FEBRUARY 2013	SELECTION OF CLUSTER TEAMS	ALL QUALIFYING ATHLETES	CLUSTER COMMITTEES
DISTRICTS	FEBRUARY 2013	SELECTION OF DISTRICT TEAMS	ALL QUALIFYING ATHLETES	DSTRICT COMMITTEES
PROVINCIAL	MARCH 2013	SELECTION OF QUALIFYING TEAMS TO THE NATIONALS	ALL QUALIFYING ATHLETES	LIMSA LAS DoE DSAC
TRAINING CAMP	MARCH 2013	STRENGTH AND CONDITIONING, LIFE SKILLS MEDICAL SCREENING AND COACHING	ALL QUALIFYING ATHLETES TO THE NATIONALS	LIMSA LAS DoE DSAC
NATIONALS	MARCH 2013	PARTICIPATION OF PROVINCIAL TEAMS	ALL QUALIFYING ATHLETES	LIMSA LAS DoE DSAC LIMA
REVIEW	APRIL 2013	TO REVIEW THE PLAN AND HOW PROVINCIAL TEAMS PERFORMED AND PLANNING AHEAD	CHAMPIONS, TEAM MANAGERS, COACHES, TOs AND EXECUTIVE OF LIMSA	LIMSA LAS LIMA DoE DSAC